



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Teßling, Sven

Club: Blomberger Nelkenläufer
Number: 384

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:59:04

Speed: 8.71 km/h
Running performance: 6:50 min/km

Rank in course/Total: 387 (of 506)

Rank in course/Men: 336 (of 416)

Best time in course: 1:44:43

Rank in category: 41(of 45)

Best time in the category: 1:49:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	18:47	5:41	22	5:21	179	5:21	3.30	18:47	5:41	22	5:21	179	5:21
Bremer Hütte	2.40	18:36	7:45	39	7:30	323	7:30	5.70	37:23	6:33	35	12:51	263	12:51
Hermannsklippe	3.30	25:32	7:44	41	10:38	340	10:40	9.00	1:02:55	6:59	38	23:29	300	23:30
Brocken	3.10	35:53	11:34	42	16:53	359	17:32	12.10	1:38:48	8:09	39	40:22	323	41:02
Eiserner Handwe	3.60	23:27	6:30	38	10:22	357	10:55	15.70	2:02:15	7:47	41	50:00	335	51:57
Bremer Hütte	4.10	24:26	5:57	35	8:49	296	9:32	19.80	2:26:41	7:24	40	58:41	332	1:01:12
Loddenke	3.10	13:58	4:30	39	5:51	335	6:00	22.90	2:40:39	7:00	41	1:03:58	335	1:07:12
Ilseburg/Markt	3.30	18:25	5:34	39	6:56	309	7:09	26.20	2:59:04	6:50	41	1:09:45	336	1:14:21