



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Theilen, Greta

Club: Hannover Runners
Number: 388

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:59:17

Speed: 8.70 km/h
Running performance: 6:50 min/km

Rank in course/Total: 389 (of 506)

Rank in course/Women: 53 (of 90)

Best time in course: 2:00:04

Rank in category: 9(of 11)

Best time in the category: 2:00:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:37	6:14	8	5:56	36	5:56	3.30	20:37	6:14	8	5:56	36	5:56
Bremer Hütte	2.40	20:01	8:20	10	7:00	58	7:00	5.70	40:38	7:07	8	12:56	48	12:56
Hermannsklippe	3.30	27:11	8:14	9	9:05	58	9:05	9.00	1:07:49	7:32	9	22:01	54	22:01
Brocken	3.10	36:32	11:47	9	12:51	62	13:05	12.10	1:44:21	8:37	9	34:52	56	34:52
Eiserner Handwe	3.60	21:20	5:55	9	7:59	49	7:59	15.70	2:05:41	8:00	9	42:51	54	42:51
Bremer Hütte	4.10	23:24	5:42	10	6:58	41	6:58	19.80	2:29:05	7:31	9	49:49	53	49:49
Loddenke	3.10	12:33	4:02	9	3:55	41	3:55	22.90	2:41:38	7:03	9	53:44	53	53:44
Ilseburg/Markt	3.30	17:39	5:20	7	5:29	44	5:29	26.20	2:59:17	6:50	9	59:13	53	59:13