



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kohl, Michael

Club: Naumburg
Number: 216

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:59:32

Speed: 8.69 km/h
Running performance: 6:51 min/km

Rank in course/Total: 390 (of 506)

Rank in course/Men: 337 (of 416)

Best time in course: 1:44:43

Rank in category: 55(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:04	5:46	38	3:38	200	5:38	3.30	19:04	5:46	38	3:38	200	5:38
Bremer Hütte	2.40	17:37	7:20	48	3:41	277	6:31	5.70	36:41	6:26	42	6:05	236	12:09
Hermannsklippe	3.30	23:52	7:13	49	5:17	281	9:00	9.00	1:00:33	6:43	46	11:22	257	21:08
Brocken	3.10	32:50	10:35	52	8:51	299	14:29	12.10	1:33:23	7:43	48	20:13	278	35:37
Eiserner Handwe	3.60	19:22	5:22	37	3:49	202	6:50	15.70	1:52:45	7:10	47	23:10	266	42:27
Bremer Hütte	4.10	26:51	6:32	60	8:21	359	11:57	19.80	2:19:36	7:03	49	30:49	285	54:07
Loddenke	3.10	16:02	5:10	66	6:52	384	8:04	22.90	2:35:38	6:47	52	35:26	303	1:02:11
Ilseburg/Markt	3.30	23:54	7:14	69	10:46	394	12:38	26.20	2:59:32	6:51	55	45:41	337	1:14:49