



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Landwehr, Michael

Club: Quedlinburg
Number: 24

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 2:59:33

Speed: 8.76 km/h
Running performance: 6:51 min/km

Rank in course/Total: 391 (of 506)

Rank in course/Men: 338 (of 416)

Best time in course: 1:44:43

Rank in category: 5(of 15)

Best time in the category: 2:31:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:24	6:29	4	1:54	327	7:58	3.30	21:24	6:29	4	1:54	327	7:58
Bremer Hütte	2.40	19:29	8:07	7	2:29	350	8:23	5.70	40:53	7:10	5	4:19	342	16:21
Hermannsklippe	3.30	25:19	7:40	6	3:04	335	10:27	9.00	1:06:12	7:21	4	7:23	337	26:47
Brocken	3.10	33:51	10:55	7	4:55	325	15:30	12.10	1:40:03	8:16	6	12:18	342	42:17
Eiserner Handwe	3.60	21:19	5:55	5	3:40	290	8:47	15.70	2:01:22	7:43	5	15:58	328	51:04
Bremer Hütte	4.10	25:16	6:09	7	4:47	334	10:22	19.80	2:26:38	7:24	5	20:45	330	1:01:09
Loddenke	3.10	14:17	4:36	8	3:35	344	6:19	22.90	2:40:55	7:01	5	24:20	338	1:07:28
Ilseburg/Markt	3.30	18:38	5:38	5	3:51	320	7:22	26.20	2:59:33	6:51	5	28:11	338	1:14:50