



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Portmann, Kai

Club: Berlin
Number: 281

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:00:34

Speed: 8.64 km/h
Running performance: 6:53 min/km

Rank in course/Total: 398 (of 506)

Rank in course/Men: 342 (of 416)

Best time in course: 1:44:43

Rank in category: 57(of 72)

Best time in the category: 2:13:51

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 21:16 | 6:26 | 59 | 5:50 | 314 | 7:50 | 3.30 | 21:16 | 6:26 | 59 | 5:50 | 314 | 7:50 |
| Bremer Hütte | 2.40 | 18:11 | 7:34 | 53 | 4:15 | 303 | 7:05 | 5.70 | 39:27 | 6:55 | 55 | 8:51 | 310 | 14:55 |
| Hermannsklippe | 3.30 | 25:19 | 7:40 | 58 | 6:44 | 335 | 10:27 | 9.00 | 1:04:46 | 7:11 | 56 | 15:35 | 321 | 25:21 |
| Brocken | 3.10 | 34:50 | 11:14 | 59 | 10:51 | 342 | 16:29 | 12.10 | 1:39:36 | 8:13 | 59 | 26:26 | 338 | 41:50 |
| Eiserner Handwe | 3.60 | 21:55 | 6:05 | 54 | 6:22 | 310 | 9:23 | 15.70 | 2:01:31 | 7:44 | 57 | 31:56 | 330 | 51:13 |
| Bremer Hütte | 4.10 | 25:29 | 6:12 | 57 | 6:59 | 339 | 10:35 | 19.80 | 2:27:00 | 7:25 | 57 | 38:13 | 335 | 1:01:31 |
| Loddenke | 3.10 | 13:23 | 4:19 | 52 | 4:13 | 309 | 5:25 | 22.90 | 2:40:23 | 7:00 | 57 | 40:11 | 334 | 1:06:56 |
| Ilseburg/Markt | 3.30 | 20:11 | 6:06 | 63 | 7:03 | 365 | 8:55 | 26.20 | 3:00:34 | 6:53 | 57 | 46:43 | 342 | 1:15:51 |