



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Schramm, Dieter

Club: Wernigerode
Number: 362

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:02:56

Speed: 8.53 km/h
Running performance: 6:59 min/km

Rank in course/Total: 407 (of 506)

Rank in course/Men: 350 (of 416)

Best time in course: 1:44:43

Rank in category: 13(of 20)

Best time in the category: 2:24:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:52	6:37	13	4:17	341	8:26	3.30	21:52	6:37	13	4:17	341	8:26
Bremer Hütte	2.40	19:43	8:12	14	4:56	359	8:37	5.70	41:35	7:17	14	9:13	350	17:03
Hermannsklippe	3.30	25:25	7:42	10	4:44	337	10:33	9.00	1:07:00	7:26	12	13:57	351	27:35
Brocken	3.10	34:49	11:13	13	8:22	341	16:28	12.10	1:41:49	8:24	12	22:19	352	44:03
Eiserner Handwe	3.60	22:37	6:16	14	5:46	334	10:05	15.70	2:04:26	7:55	14	27:20	351	54:08
Bremer Hütte	4.10	25:50	6:18	14	5:59	350	10:56	19.80	2:30:16	7:35	14	31:40	353	1:04:47
Loddenke	3.10	13:55	4:29	14	3:45	330	5:57	22.90	2:44:11	7:10	13	34:38	349	1:10:44
Ilseburg/Markt	3.30	18:45	5:40	12	3:54	324	7:29	26.20	3:02:56	6:58	13	38:05	351	1:18:13