



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Papendieck, Ralf

Club: Schwedter Hasen
Number: 282

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:03:05

Speed: 8.59 km/h
Running performance: 6:59 min/km

Rank in course/Total: 410 (of 506)

Rank in course/Men: 353 (of 416)

Best time in course: 1:44:43

Rank in category: 60(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:03	6:04	49	4:37	259	6:37	3.30	20:03	6:04	49	4:37	259	6:37
Bremer Hütte	2.40	17:19	7:12	45	3:23	262	6:13	5.70	37:22	6:33	49	6:46	262	12:50
Hermannsklippe	3.30	23:46	7:12	47	5:11	276	8:54	9.00	1:01:08	6:47	49	11:57	270	21:43
Brocken	3.10	33:27	10:47	56	9:28	312	15:06	12.10	1:34:35	7:49	51	21:25	287	36:49
Eiserner Handwe	3.60	25:04	6:57	65	9:31	378	12:32	15.70	1:59:39	7:37	55	30:04	311	49:21
Bremer Hütte	4.10	30:17	7:23	67	11:47	389	15:23	19.80	2:29:56	7:34	59	41:09	352	1:04:27
Loddenke	3.10	15:01	4:50	62	5:51	360	7:03	22.90	2:44:57	7:12	59	44:45	355	1:11:30
Ilseburg/Markt	3.30	18:08	5:29	53	5:00	295	6:52	26.20	3:03:05	6:59	60	49:14	354	1:18:22