



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Kettenbeil, Eckard

Club: Wernigerode
Number: 203

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:03:40

Speed: 8.56 km/h
Running performance: 7:01 min/km

Rank in course/Total: 411 (of 506)

Rank in course/Men: 354 (of 416)

Best time in course: 1:44:43

Rank in category: 14(of 20)

Best time in the category: 2:24:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:00	6:40	14	4:25	348	8:34	3.30	22:00	6:40	14	4:25	348	8:34
Bremer Hütte	2.40	19:15	8:01	11	4:28	346	8:09	5.70	41:15	7:14	13	8:53	346	16:43
Hermannsklippe	3.30	26:36	8:03	14	5:55	360	11:44	9.00	1:07:51	7:32	14	14:48	360	28:26
Brocken	3.10	34:08	11:00	9	7:41	331	15:47	12.10	1:41:59	8:25	13	22:29	353	44:13
Eiserner Handwe	3.60	22:07	6:08	12	5:16	316	9:35	15.70	2:04:06	7:54	13	27:00	349	53:48
Bremer Hütte	4.10	26:21	6:25	15	6:30	357	11:27	19.80	2:30:27	7:35	15	31:51	354	1:04:58
Loddenke	3.10	14:05	4:32	15	3:55	339	6:07	22.90	2:44:32	7:11	14	34:59	353	1:11:05
Ilseburg/Markt	3.30	19:08	5:47	15	4:17	342	7:52	26.20	3:03:40	7:00	14	38:49	355	1:18:57