



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Weigelt, Kirsten

Club: Volksbank Mindener Land eG
Number: 418

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 3:05:36

Speed: 8.47 km/h
Running performance: 7:05 min/km

Rank in course/Total: 416 (of 506)

Rank in course/Women: 60 (of 90)

Best time in course: 2:00:04

Rank in category: 11(of 15)

Best time in the category: 2:11:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	21:15	6:26	11	5:29	50	6:34	3.30	21:15	6:26	11	5:29	50	6:34
Bremer Hütte	2.40	19:41	8:12	11	5:29	55	6:40	5.70	40:56	7:10	11	10:58	51	13:14
Hermannsklippe	3.30	26:52	8:08	11	7:47	55	8:46	9.00	1:07:48	7:31	11	18:45	53	22:00
Brocken	3.10	37:23	12:03	13	12:41	70	13:56	12.10	1:45:11	8:41	11	31:26	57	35:42
Eiserner Handwe	3.60	21:40	6:01	9	5:50	56	8:19	15.70	2:06:51	8:04	11	37:16	58	44:01
Bremer Hütte	4.10	25:57	6:19	10	7:39	70	9:31	19.80	2:32:48	7:43	11	44:55	59	53:32
Loddenke	3.10	14:08	4:33	10	4:40	65	5:30	22.90	2:46:56	7:17	11	49:35	60	59:02
Ilseburg/Markt	3.30	18:40	5:39	11	4:24	58	6:30	26.20	3:05:36	7:05	11	53:59	60	1:05:32