



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Junig, Gunnar

Club: Brockenlaufverein
Number: 14

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:09:13

Speed: 8.24 km/h
Running performance: 7:13 min/km

Rank in course/Total: 425 (of 506)

Rank in course/Men: 362 (of 416)

Best time in course: 1:44:43

Rank in category: 16(of 20)

Best time in the category: 2:24:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:32	7:07	18	5:57	383	10:06	3.30	23:32	7:07	18	5:57	383	10:06
Bremer Hütte	2.40	20:24	8:30	16	5:37	368	9:18	5.70	43:56	7:42	17	11:34	375	19:24
Hermannsklippe	3.30	27:41	8:23	17	7:00	377	12:49	9.00	1:11:37	7:57	17	18:34	379	32:12
Brocken	3.10	38:29	12:24	18	12:02	387	20:08	12.10	1:50:06	9:05	18	30:36	386	52:20
Eiserner Handwe	3.60	20:54	5:48	9	4:03	266	8:22	15.70	2:11:00	8:20	17	33:54	373	1:00:42
Bremer Hütte	4.10	24:58	6:05	13	5:07	325	10:04	19.80	2:35:58	7:52	16	37:22	369	1:10:29
Loddenke	3.10	13:35	4:22	13	3:25	317	5:37	22.90	2:49:33	7:24	16	40:00	364	1:16:06
Ilseburg/Markt	3.30	19:40	5:57	16	4:49	356	8:24	26.20	3:09:13	7:13	16	44:22	363	1:24:30