



48. Brockenlauf

Ilseburg / 01.09.2018

Detailed evaluation

Fischer, Steffen

Club: LSG80 Schmückeläufer
Number: 401

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:11:11

Speed: 8.16 km/h
Running performance: 7:18 min/km

Rank in course/Total: 432 (of 506)

Rank in course/Men: 368 (of 416)

Best time in course: 1:44:43

Rank in category: 54(of 58)

Best time in the category: 1:54:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Loddenke	3.30	23:20	7:04	55	9:15	380	9:54	3.30	23:20	7:04	55	9:15	380	9:54	
Bremer Hütte	2.40	21:45	9:03	55	9:14	388	10:39	5.70	45:05	7:54	55	18:26	386	20:33	
Hermannsklippe	3.30	28:45	8:42	55	12:07	389	13:53	9.00	1:13:50	8:12	55	30:12	387	34:25	
Brocken	3.10	36:00	11:36	54	15:23	360	17:39	12.10	1:49:50	9:04	55	45:31	381	52:04	
Eiserner Handwe	3.60	23:20	6:28	52	10:03	354	10:48	15.70	2:13:10	8:28	55	55:09	379	1:02:52	
Bremer Hütte	4.10	24:48	6:02	49	9:17	312	9:54	19.80	2:37:58	7:58	54	1:04:26	372	1:12:29	
Loddenke	3.10	13:11	4:15	49	4:51	295	5:13	22.90	2:51:09	7:28	54	1:09:17	369	1:17:42	
Ilseburg/Markt	3.30	20:02	6:04	55	7:35	362	8:46	26.20	3:11:11	7:17	54	1:16:52	369	1:26:28	