



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Rohde, Peter

Club: Laufpunkt Rotenburg
Number: 311

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:12:17

Speed: 8.18 km/h
Running performance: 7:20 min/km

Rank in course/Total: 437 (of 506)

Rank in course/Men: 370 (of 416)

Best time in course: 1:44:43

Rank in category: 10(of 15)

Best time in the category: 2:31:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:03	7:17	13	4:33	395	10:37	3.30	24:03	7:17	13	4:33	395	10:37
Bremer Hütte	2.40	21:11	8:49	12	4:11	383	10:05	5.70	45:14	7:56	12	8:40	388	20:42
Hermannsklippe	3.30	27:48	8:25	12	5:33	378	12:56	9.00	1:13:02	8:06	12	14:13	384	33:37
Brocken	3.10	36:25	11:44	10	7:29	368	18:04	12.10	1:49:27	9:02	12	21:42	380	51:41
Eiserner Handwe	3.60	22:54	6:21	7	5:15	343	10:22	15.70	2:12:21	8:25	12	26:57	378	1:02:03
Bremer Hütte	4.10	25:43	6:16	8	5:14	345	10:49	19.80	2:38:04	7:58	10	32:11	373	1:12:35
Loddenke	3.10	13:57	4:30	7	3:15	334	5:59	22.90	2:52:01	7:30	10	35:26	372	1:18:34
Ilseburg/Markt	3.30	20:16	6:08	10	5:29	367	9:00	26.20	3:12:17	7:20	10	40:55	371	1:27:34