



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Stricker, Michael

Club: LT Auenwald
Number: 520

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 3:12:38

Speed: 8.10 km/h
Running performance: 7:21 min/km

Rank in course/Total: 439 (of 506)

Rank in course/Men: 371 (of 416)

Best time in course: 1:44:43

Rank in category: 17(of 20)

Best time in the category: 2:24:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:02	6:58	16	5:27	371	9:36	3.30	23:02	6:58	16	5:27	371	9:36
Bremer Hütte	2.40	20:39	8:36	17	5:52	374	9:33	5.70	43:41	7:39	16	11:19	373	19:09
Hermannsklippe	3.30	27:05	8:12	15	6:24	368	12:13	9.00	1:10:46	7:51	16	17:43	375	31:21
Brocken	3.10	36:37	11:48	17	10:10	371	18:16	12.10	1:47:23	8:52	16	27:53	369	49:37
Eiserner Handwe	3.60	23:13	6:26	16	6:22	350	10:41	15.70	2:10:36	8:19	16	33:30	371	1:00:18
Bremer Hütte	4.10	29:00	7:04	17	9:09	385	14:06	19.80	2:39:36	8:03	17	41:00	379	1:14:07
Loddenke	3.10	14:58	4:49	16	4:48	359	7:00	22.90	2:54:34	7:37	17	45:01	378	1:21:07
Ilseburg/Markt	3.30	18:04	5:28	8	3:13	291	6:48	26.20	3:12:38	7:21	17	47:47	372	1:27:55