



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Buchmeier, Anja

Club: LLG Springe
Number: 76

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:13:17

Speed: 8.07 km/h
Running performance: 7:23 min/km

Rank in course/Total: 440 (of 506)

Rank in course/Women: 69 (of 90)

Best time in course: 2:00:04

Rank in category: 16(of 21)

Best time in the category: 2:07:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:21	7:04	18	6:43	67	8:40	3.30	23:21	7:04	18	6:43	67	8:40
Bremer Hütte	2.40	20:13	8:25	13	6:27	61	7:12	5.70	43:34	7:38	15	13:10	64	15:52
Hermannsklippe	3.30	27:07	8:13	11	8:41	56	9:01	9.00	1:10:41	7:51	15	21:51	64	24:53
Brocken	3.10	39:21	12:41	17	15:54	77	15:54	12.10	1:50:02	9:05	14	37:45	68	40:33
Eiserner Handwe	3.60	23:16	6:27	16	8:18	67	9:55	15.70	2:13:18	8:29	14	46:03	67	50:28
Bremer Hütte	4.10	25:21	6:10	15	7:54	62	8:55	19.80	2:38:39	8:00	14	53:57	65	59:23
Loddenke	3.10	15:21	4:57	17	6:11	74	6:43	22.90	2:54:00	7:35	16	1:00:08	68	1:06:06
Ilseburg/Markt	3.30	19:17	5:50	16	5:57	65	7:07	26.20	3:13:17	7:22	16	1:06:05	69	1:13:13