



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Buchmeier, Dirk

Club: LLG Springe
Number: 77

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:13:18

Speed: 8.07 km/h
Running performance: 7:23 min/km

Rank in course/Total: 441 (of 506)

Rank in course/Men: 372 (of 416)

Best time in course: 1:44:43

Rank in category: 65(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:21	7:04	69	7:55	382	9:55	3.30	23:21	7:04	69	7:55	382	9:55
Bremer Hütte	2.40	20:27	8:31	65	6:31	370	9:21	5.70	43:48	7:41	67	13:12	374	19:16
Hermannsklippe	3.30	26:24	8:00	61	7:49	357	11:32	9.00	1:10:12	7:48	66	21:01	373	30:47
Brocken	3.10	39:50	12:50	70	15:51	395	21:29	12.10	1:50:02	9:05	68	36:52	385	52:16
Eiserner Handwe	3.60	23:15	6:27	63	7:42	351	10:43	15.70	2:13:17	8:29	66	43:42	380	1:02:59
Bremer Hütte	4.10	25:19	6:10	56	6:49	336	10:25	19.80	2:38:36	8:00	65	49:49	374	1:13:07
Loddenke	3.10	15:23	4:57	64	6:13	367	7:25	22.90	2:53:59	7:35	66	53:47	375	1:20:32
Ilseburg/Markt	3.30	19:19	5:51	58	6:11	347	8:03	26.20	3:13:18	7:22	65	59:27	373	1:28:35