



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Hillmer, Frank

Club: Mühlholzer  
Number: 172

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 3:14:52

Speed: 8.01 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 444 (of 506)

Rank in course/Men: 375 (of 416)

Best time in course: 1:44:43

Rank in category: 66(of 72)

Best time in the category: 2:13:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	23:43	7:11	70	8:17	386	10:17	3.30	23:43	7:11	70	8:17	386	10:17
Bremer Hütte	2.40	21:17	8:52	68	7:21	384	10:11	5.70	45:00	7:53	69	14:24	385	20:28
Hermannsklippe	3.30	28:03	8:30	67	9:28	382	13:11	9.00	1:13:03	8:07	68	23:52	385	33:38
Brocken	3.10	34:55	11:15	61	10:56	345	16:34	12.10	1:47:58	8:55	66	34:48	372	50:12
Eiserner Handwe	3.60	22:49	6:20	61	7:16	342	10:17	15.70	2:10:47	8:19	65	41:12	372	1:00:29
Bremer Hütte	4.10	28:37	6:58	65	10:07	384	13:43	19.80	2:39:24	8:03	66	50:37	376	1:13:55
Loddenke	3.10	14:28	4:40	59	5:18	348	6:30	22.90	2:53:52	7:35	65	53:40	374	1:20:25
Ilseburg/Markt	3.30	21:00	6:21	67	7:52	377	9:44	26.20	3:14:52	7:26	66	1:01:01	376	1:30:09