



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Schaub, Andreas

Club: Fitness Oase Ohrdruf  
Number: 509

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 3:15:20

Speed: 8.05 km/h  
Running performance: 7:28 min/km

Rank in course/Total: 445 (of 506)

Rank in course/Men: 376 (of 416)

Best time in course: 1:44:43

Rank in category: 62(of 66)

Best time in the category: 1:51:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:16	6:26	48	7:50	314	7:50	3.30	21:16	6:26	48	7:50	314	7:50
Bremer Hütte	2.40	20:23	8:29	60	8:59	367	9:17	5.70	41:39	7:18	58	16:49	351	17:07
Hermannsklippe	3.30	27:51	8:26	63	12:18	379	12:59	9.00	1:09:30	7:43	61	29:07	370	30:05
Brocken	3.10	38:40	12:28	64	18:18	388	20:19	12.10	1:48:10	8:56	61	47:16	375	50:24
Eiserner Handwe	3.60	23:49	6:36	62	10:35	367	11:17	15.70	2:11:59	8:24	62	57:51	376	1:01:41
Bremer Hütte	4.10	25:35	6:14	59	10:05	341	10:41	19.80	2:37:34	7:57	62	1:07:14	371	1:12:05
Loddenke	3.10	15:32	5:00	62	7:32	377	7:34	22.90	2:53:06	7:33	62	1:13:55	373	1:19:39
Ilseburg/Markt	3.30	22:14	6:44	63	10:35	385	10:58	26.20	3:15:20	7:27	62	1:24:20	377	1:30:37