



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Meinert, Norbert

Club: TSC Wellingsbüttel
Number: 263

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:15:57

Speed: 8.02 km/h
Running performance: 7:29 min/km

Rank in course/Total: 447 (of 506)

Rank in course/Men: 378 (of 416)

Best time in course: 1:44:43

Rank in category: 12(of 15)

Best time in the category: 2:31:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:55	7:14	12	4:25	391	10:29	3.30	23:55	7:14	12	4:25	391	10:29
Bremer Hütte	2.40	20:12	8:24	10	3:12	364	9:06	5.70	44:07	7:44	10	7:33	377	19:35
Hermannsklippe	3.30	27:06	8:12	11	4:51	370	12:14	9.00	1:11:13	7:54	10	12:24	377	31:48
Brocken	3.10	37:14	12:00	12	8:18	377	18:53	12.10	1:48:27	8:57	11	20:42	377	50:41
Eiserner Handwe	3.60	23:37	6:33	11	5:58	362	11:05	15.70	2:12:04	8:24	11	26:40	377	1:01:46
Bremer Hütte	4.10	27:28	6:41	11	6:59	367	12:34	19.80	2:39:32	8:03	12	33:39	378	1:14:03
Loddenke	3.10	15:25	4:58	12	4:43	370	7:27	22.90	2:54:57	7:38	12	38:22	379	1:21:30
Ilseburg/Markt	3.30	21:00	6:21	12	6:13	377	9:44	26.20	3:15:57	7:28	12	44:35	379	1:31:14