



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Schulz-Nötzold, Carsten

Club: Marathon Club Glauchau
Number: 366

Course: 26.20 km
26,2 km - Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:17:34

Speed: 7.90 km/h

Running performance: 7:32 min/km

Rank in course/Total: 449 (of 506)

Rank in course/Men: 379 (of 416)

Best time in course: 1:44:43

Rank in category: 55(of 58)

Best time in the category: 1:54:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:43	5:58	38	5:38	235	6:17	3.30	19:43	5:58	38	5:38	235	6:17
Bremer Hütte	2.40	17:37	7:20	49	5:06	277	6:31	5.70	37:20	6:32	46	10:41	259	12:48
Hermannsklippe	3.30	25:02	7:35	51	8:24	326	10:10	9.00	1:02:22	6:55	49	18:44	289	22:57
Brocken	3.10	35:42	11:30	53	15:05	356	17:21	12.10	1:38:04	8:06	52	33:45	319	40:18
Eiserner Handwe	3.60	29:05	8:04	58	15:48	406	16:33	15.70	2:07:09	8:05	54	49:08	363	56:51
Bremer Hütte	4.10	32:11	7:50	58	16:40	399	17:17	19.80	2:39:20	8:02	55	1:05:48	375	1:13:51
Loddenke	3.10	16:51	5:26	57	8:31	392	8:53	22.90	2:56:11	7:41	55	1:14:19	380	1:22:44
Ilseburg/Markt	3.30	21:23	6:28	57	8:56	382	10:07	26.20	3:17:34	7:32	55	1:23:15	380	1:32:51