



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Krabiell, Uwe

Club: Tough Guy
Number: 219

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:21:17

Speed: 7.75 km/h
Running performance: 7:41 min/km

Rank in course/Total: 457 (of 506)

Rank in course/Men: 384 (of 416)

Best time in course: 1:44:43

Rank in category: 68(of 72)

Best time in the category: 2:13:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:16	6:44	65	6:50	363	8:50	3.30	22:16	6:44	65	6:50	363	8:50
Bremer Hütte	2.40	20:13	8:25	64	6:17	365	9:07	5.70	42:29	7:27	65	11:53	366	17:57
Hermannsklippe	3.30	28:24	8:36	68	9:49	385	13:32	9.00	1:10:53	7:52	67	21:42	376	31:28
Brocken	3.10	39:04	12:36	67	15:05	389	20:43	12.10	1:49:57	9:05	67	36:47	384	52:11
Eiserner Handwe	3.60	30:31	8:28	71	14:58	409	17:59	15.70	2:20:28	8:56	69	50:53	390	1:10:10
Bremer Hütte	4.10	27:53	6:48	63	9:23	374	12:59	19.80	2:48:21	8:30	68	59:34	391	1:22:52
Loddenke	3.10	15:02	4:50	63	5:52	362	7:04	22.90	3:03:23	8:00	68	1:03:11	391	1:29:56
Ilseburg/Markt	3.30	17:54	5:25	52	4:46	285	6:38	26.20	3:21:17	7:40	68	1:07:26	385	1:36:34