



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Morgenstern, Heidi

Club: DAV Zittau  
Number: 241

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 3:22:20

Speed: 7.71 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 462 (of 506)

Rank in course/Women: 77 (of 90)

Best time in course: 2:00:04

Rank in category: 5(of 6)

Best time in the category: 2:42:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	24:16	7:21	6	4:42	80	9:35	3.30	24:16	7:21	6	4:42	80	9:35
Bremer Hütte	2.40	21:23	8:54	6	3:39	69	8:22	5.70	45:39	8:00	6	8:21	76	17:57
Hermannsklippe	3.30	28:32	8:38	6	5:24	72	10:26	9.00	1:14:11	8:14	6	13:45	76	28:23
Brocken	3.10	36:35	11:48	4	6:50	63	13:08	12.10	1:50:46	9:09	6	20:35	71	41:17
Eiserner Handwe	3.60	23:39	6:34	5	4:04	70	10:18	15.70	2:14:25	8:33	6	24:32	73	51:35
Bremer Hütte	4.10	29:24	7:10	5	6:36	80	12:58	19.80	2:43:49	8:16	6	31:08	74	1:04:33
Loddenke	3.10	16:39	5:22	5	4:15	79	8:01	22.90	3:00:28	7:52	6	35:23	75	1:12:34
Ilseburg/Markt	3.30	21:52	6:37	5	4:22	80	9:42	26.20	3:22:20	7:43	5	39:26	77	1:22:16