



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Quantmeyer, Walter

Club: TSG Düderode Oldenrode
Number: 298

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:25:46

Speed: 7.64 km/h
Running performance: 7:51 min/km

Rank in course/Total: 468 (of 506)

Rank in course/Men: 389 (of 416)

Best time in course: 1:44:43

Rank in category: 2(of 4)

Best time in the category: 2:51:37

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 23:54 | 7:14 | 2 | 3:26 | 390 | 10:28 | 3.30 | 23:54 | 7:14 | 2 | 3:26 | 390 | 10:28 |
| Bremer Hütte | 2.40 | 20:45 | 8:38 | 2 | 2:16 | 375 | 9:39 | 5.70 | 44:39 | 7:50 | 2 | 5:42 | 379 | 20:07 |
| Hermannsklippe | 3.30 | 27:58 | 8:28 | 2 | 3:35 | 380 | 13:06 | 9.00 | 1:12:37 | 8:04 | 2 | 9:17 | 383 | 33:12 |
| Brocken | 3.10 | 35:40 | 11:30 | 2 | 3:02 | 355 | 17:19 | 12.10 | 1:48:17 | 8:56 | 2 | 12:19 | 376 | 50:31 |
| Eiserner Handwe | 3.60 | 26:29 | 7:21 | 2 | 5:43 | 392 | 13:57 | 15.70 | 2:14:46 | 8:35 | 2 | 18:02 | 382 | 1:04:28 |
| Bremer Hütte | 4.10 | 30:40 | 7:28 | 3 | 6:53 | 391 | 15:46 | 19.80 | 2:45:26 | 8:21 | 2 | 24:55 | 385 | 1:19:57 |
| Loddenke | 3.10 | 17:17 | 5:34 | 3 | 4:22 | 397 | 9:19 | 22.90 | 3:02:43 | 7:58 | 2 | 29:17 | 387 | 1:29:16 |
| Ilseburg/Markt | 3.30 | 23:03 | 6:59 | 2 | 4:52 | 389 | 11:47 | 26.20 | 3:25:46 | 7:51 | 2 | 34:09 | 390 | 1:41:03 |