



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Roedtnes, Marianne

Club: Kolding Motion
Number: 290

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 3:26:27

Speed: 7.56 km/h
Running performance: 7:53 min/km

Rank in course/Total: 472 (of 506)

Rank in course/Women: 80 (of 90)

Best time in course: 2:00:04

Rank in category: 16(of 16)

Best time in the category: 2:23:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:53	7:14	15	5:05	76	9:12	3.30	23:53	7:14	15	5:05	76	9:12
Bremer Hütte	2.40	21:45	9:03	12	6:30	72	8:44	5.70	45:38	8:00	13	11:35	75	17:56
Hermannsklippe	3.30	28:37	8:40	12	7:51	75	10:31	9.00	1:14:15	8:15	14	19:26	77	28:27
Brocken	3.10	42:27	13:41	15	15:08	85	19:00	12.10	1:56:42	9:38	15	34:34	82	47:13
Eiserner Handwe	3.60	24:54	6:54	16	7:49	81	11:33	15.70	2:21:36	9:01	16	42:23	83	58:46
Bremer Hütte	4.10	27:37	6:44	15	8:05	73	11:11	19.80	2:49:13	8:32	16	50:28	82	1:09:57
Loddenke	3.10	16:51	5:26	16	6:08	81	8:13	22.90	3:06:04	8:07	16	56:36	82	1:18:10
Ilseburg/Markt	3.30	20:23	6:10	14	6:03	70	8:13	26.20	3:26:27	7:52	16	1:02:39	80	1:26:23