



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

**Bramsen, Johnnie**

Club: Kolding Motion  
Number: 69

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W60 (60-64 Jahre)

Total time: 3:34:30

Speed: 7.33 km/h  
Running performance: 8:11 min/km

Rank in course/Total: 477 (of 506)

Rank in course/Women: 84 (of 90)

Best time in course: 2:00:04

Rank in category: 2(of 4)

Best time in the category: 3:28:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	23:57	7:15	1	-	78	9:16	3.30	23:57	7:15	1	-	78	9:16
Bremer Hütte	2.40	22:21	9:18	2	1:58	76	9:20	5.70	46:18	8:07	2	1:12	82	18:36
Hermannsklippe	3.30	29:23	8:54	2	1:34	83	11:17	9.00	1:15:41	8:24	3	18:46	84	29:53
Brocken	3.10	41:59	13:32	3	6:46	84	18:32	12.10	1:57:40	9:43	3	23:37	84	48:11
Eiserner Handwe	3.60	24:25	6:46	1	-	79	11:04	15.70	2:22:05	9:02	2	7:46	84	59:15
Bremer Hütte	4.10	31:13	7:36	2	0:24	86	14:47	19.80	2:53:18	8:45	2	6:23	84	1:14:02
Loddenke	3.10	16:45	5:24	1	-	80	8:07	22.90	3:10:03	8:17	2	4:48	84	1:22:09
Ilseburg/Markt	3.30	24:27	7:24	2	1:42	86	12:17	26.20	3:34:30	8:11	2	6:30	84	1:34:26