



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Holste, Peter

Club: Marburg
Number: 538

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 3:34:31

Speed: 7.27 km/h
Running performance: 8:11 min/km

Rank in course/Total: 479 (of 506)

Rank in course/Men: 395 (of 416)

Best time in course: 1:44:43

Rank in category: 50(of 52)

Best time in the category: 2:08:09

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	23:47	7:12	48	7:24	387	10:21	3.30	23:47	7:12	48	7:24	387	10:21
Bremer Hütte	2.40	20:31	8:32	47	6:37	372	9:25	5.70	44:18	7:46	48	13:54	378	19:46
Hermannsklippe	3.30	28:09	8:31	48	9:41	383	13:17	9.00	1:12:27	8:03	48	23:35	382	33:02
Brocken	3.10	39:29	12:44	49	17:06	391	21:08	12.10	1:51:56	9:15	48	39:00	388	54:10
Eiserner Handwe	3.60	26:49	7:26	50	12:36	393	14:17	15.70	2:18:45	8:50	49	50:16	388	1:08:27
Bremer Hütte	4.10	32:51	8:00	51	15:34	402	17:57	19.80	2:51:36	8:40	49	1:05:48	395	1:26:07
Loddenke	3.10	18:54	6:05	51	9:57	402	10:56	22.90	3:10:30	8:19	50	1:15:33	396	1:37:03
Ilseburg/Markt	3.30	24:01	7:16	48	11:03	397	12:45	26.20	3:34:31	8:11	50	1:26:22	396	1:49:48