



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Soerensen, Bent

Club: Faaborg Ski og Motion
Number: 359

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 3:40:53

Speed: 7.06 km/h
Running performance: 8:26 min/km

Rank in course/Total: 484 (of 506)

Rank in course/Men: 399 (of 416)

Best time in course: 1:44:43

Rank in category: 3(of 4)

Best time in the category: 2:51:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	29:30	8:56	4	9:02	414	16:04	3.30	29:30	8:56	4	9:02	414	16:04
Bremer Hütte	2.40	25:32	10:38	3	7:03	409	14:26	5.70	55:02	9:39	4	16:05	410	30:30
Hermannsklippe	3.30	31:06	9:25	3	6:43	405	16:14	9.00	1:26:08	9:34	3	22:48	410	46:43
Brocken	3.10	39:37	12:46	3	6:59	393	21:16	12.10	2:05:45	10:23	3	29:47	410	1:07:59
Eiserner Handwe	3.60	28:13	7:50	3	7:27	403	15:41	15.70	2:33:58	9:48	3	37:14	408	1:23:40
Bremer Hütte	4.10	28:32	6:57	2	4:45	382	13:38	19.80	3:02:30	9:13	3	41:59	404	1:37:01
Loddenke	3.10	15:19	4:56	2	2:24	366	7:21	22.90	3:17:49	8:38	3	44:23	402	1:44:22
Ilseburg/Markt	3.30	23:04	6:59	3	4:53	390	11:48	26.20	3:40:53	8:25	3	49:16	400	1:56:10