



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Bayer, Gerhardt

Club: Sport 4 Life
Number: 48

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 3:41:44

Speed: 7.09 km/h
Running performance: 8:28 min/km

Rank in course/Total: 486 (of 506)

Rank in course/Men: 401 (of 416)

Best time in course: 1:44:43

Rank in category: 15(of 15)

Best time in the category: 2:31:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	24:47	7:30	15	5:17	407	11:21	3.30	24:47	7:30	15	5:17	407	11:21
Bremer Hütte	2.40	21:19	8:52	13	4:19	385	10:13	5.70	46:06	8:05	14	9:32	394	21:34
Hermannsklippe	3.30	29:08	8:49	13	6:53	393	14:16	9.00	1:15:14	8:21	13	16:25	393	35:49
Brocken	3.10	38:07	12:17	14	9:11	382	19:46	12.10	1:53:21	9:22	13	25:36	391	55:35
Eiserner Handwe	3.60	27:51	7:44	14	10:12	399	15:19	15.70	2:21:12	8:59	13	35:48	392	1:10:54
Bremer Hütte	4.10	33:31	8:10	14	13:02	404	18:37	19.80	2:54:43	8:49	14	48:50	398	1:29:14
Loddenke	3.10	19:45	6:22	15	9:03	408	11:47	22.90	3:14:28	8:29	14	57:53	398	1:41:01
Ilseburg/Markt	3.30	27:16	8:15	15	12:29	409	16:00	26.20	3:41:44	8:27	15	1:10:22	402	1:57:01