



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Dümmler, Katrin

Club: NIX tun kann JEDER
Number: 98

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 3:47:03

Speed: 6.92 km/h
Running performance: 8:40 min/km

Rank in course/Total: 491 (of 506)

Rank in course/Women: 87 (of 90)

Best time in course: 2:00:04

Rank in category: 21(of 21)

Best time in the category: 2:07:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	26:45	8:06	21	10:07	87	12:04	3.30	26:45	8:06	21	10:07	87	12:04
Bremer Hütte	2.40	22:56	9:33	21	9:10	85	9:55	5.70	49:41	8:42	21	19:17	87	21:59
Hermannsklippe	3.30	31:18	9:29	21	12:52	86	13:12	9.00	1:20:59	8:59	21	32:09	88	35:11
Brocken	3.10	40:31	13:04	18	17:04	79	17:04	12.10	2:01:30	10:02	21	49:13	86	52:01
Eiserner Handwe	3.60	29:37	8:13	21	14:39	88	16:16	15.70	2:31:07	9:37	21	1:03:52	86	1:08:17
Bremer Hütte	4.10	33:52	8:15	21	16:25	89	17:26	19.80	3:04:59	9:20	21	1:20:17	86	1:25:43
Loddenke	3.10	17:05	5:30	19	7:55	83	8:27	22.90	3:22:04	8:49	21	1:28:12	87	1:34:10
Ilseburg/Markt	3.30	24:59	7:34	21	11:39	88	12:49	26.20	3:47:03	8:39	21	1:39:51	87	1:46:59