



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Bluschke, Monika

Club: LG Osterwieck
Number: 452

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W60 (60-64 Jahre)

Total time: 4:01:50

Speed: 6.50 km/h
Running performance: 9:14 min/km

Rank in course/Total: 498 (of 506)

Rank in course/Women: 89 (of 90)

Best time in course: 2:00:04

Rank in category: 3(of 4)

Best time in the category: 3:28:00

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	30:31	9:14	3	6:34	89	15:50	3.30	30:31	9:14	3	6:34	89	15:50
Bremer Hütte	2.40	25:56	10:48	3	5:33	88	12:55	5.70	56:27	9:54	3	11:21	89	28:45
Hermannsklippe	3.30	35:12	10:40	3	7:23	89	17:06	9.00	1:31:39	10:11	4	34:44	90	45:51
Brocken	3.10	45:59	14:50	4	10:46	89	22:32	12.10	2:17:38	11:22	4	43:35	90	1:08:09
Eiserner Handwe	3.60	28:24	7:53	3	3:59	87	15:03	15.70	2:46:02	10:34	3	31:43	89	1:23:12
Bremer Hütte	4.10	30:49	7:30	1	-	84	14:23	19.80	3:16:51	9:56	3	29:56	88	1:37:35
Loddenke	3.10	19:00	6:07	3	2:15	89	10:22	22.90	3:35:51	9:25	3	30:36	89	1:47:57
Ilseburg/Markt	3.30	25:59	7:52	3	3:14	89	13:49	26.20	4:01:50	9:13	3	33:50	89	2:01:46