



48. Brockenlauf
Ilseburg / 01.09.2018

Detailed evaluation

Ryll, Emil

Club: Volkssport Hettstedt
Number: 320

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M75 (75 und älter)

Total time: 4:11:28

Speed: 6.20 km/h
Running performance: 9:36 min/km

Rank in course/Total: 499 (of 506)

Rank in course/Men: 410 (of 416)

Best time in course: 1:44:43

Rank in category: 3(of 3)

Best time in the category: 2:51:56

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	28:29	8:37	2	7:11	411	15:03	3.30	28:29	8:37	2	7:11	411	15:03
Bremer Hütte	2.40	27:43	11:32	3	8:56	413	16:37	5.70	56:12	9:51	3	16:07	413	31:40
Hermannsklippe	3.30	36:19	11:00	3	11:38	412	21:27	9.00	1:32:31	10:16	3	27:45	413	53:06
Brocken	3.10	48:51	15:45	3	15:40	413	30:30	12.10	2:21:22	11:40	3	43:25	413	1:23:36
Eiserner Handwe	3.60	24:59	6:56	2	4:35	377	12:27	15.70	2:46:21	10:35	3	48:00	412	1:36:03
Bremer Hütte	4.10	34:32	8:25	3	11:16	407	19:38	19.80	3:20:53	10:08	3	59:16	411	1:55:24
Loddenke	3.10	20:09	6:29	3	7:43	410	12:11	22.90	3:41:02	9:39	3	1:06:59	411	2:07:35
Ilseburg/Markt	3.30	30:26	9:13	3	12:33	412	19:10	26.20	4:11:28	9:35	3	1:19:32	411	2:26:45