



48. Brockenlauf  
Ilseburg / 01.09.2018

Detailed evaluation

Schneider, Detlef

Club: SV Medizin QLB  
Number: 348

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M70 (70-74 Jahre)

Total time: 4:14:55

Speed: 6.17 km/h  
Running performance: 9:44 min/km

Rank in course/Total: 500 (of 506)

Rank in course/Men: 411 (of 416)

Best time in course: 1:44:43

Rank in category: 4(of 4)

Best time in the category: 2:51:37

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	28:16	8:33	3	7:48	410	14:50	3.30	28:16	8:33	3	7:48	410	14:50
Bremer Hütte	2.40	26:05	10:52	4	7:36	411	14:59	5.70	54:21	9:32	3	15:24	409	29:49
Hermannsklippe	3.30	33:58	10:17	4	9:35	411	19:06	9.00	1:28:19	9:48	4	24:59	412	48:54
Brocken	3.10	40:57	13:12	4	8:19	401	22:36	12.10	2:09:16	10:40	4	33:18	412	1:11:30
Eiserner Handwe	3.60	34:02	9:27	4	13:16	411	21:30	15.70	2:43:18	10:24	4	46:34	411	1:33:00
Bremer Hütte	4.10	41:33	10:08	4	17:46	412	26:39	19.80	3:24:51	10:20	4	1:04:20	412	1:59:22
Loddenke	3.10	20:38	6:39	4	7:43	412	12:40	22.90	3:45:29	9:50	4	1:12:03	412	2:12:02
Ilseburg/Markt	3.30	29:26	8:55	4	11:15	411	18:10	26.20	4:14:55	9:43	4	1:23:18	412	2:30:12