



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Bienenfeld, Aaron

Club: SSC Hanau-Rodenbach

Number: 4

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 51:11

Speed: 12.89 km/h

Running performance: 4:22 min/km

Rank in course/Total: 1 (of 346)

Rank in course/Men: 2 (of 239)

Best time in course: 51:11

Rank in category: 2(of 44)

Best time in the category: 51:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	10:32	3:30	2	0:06	2	0:06	3.00	10:32	3:30	2	0:06	2	0:06
Lap 2	1.00	4:11	4:11	6	0:10	6	0:10	4.00	14:43	3:40	2	0:16	2	0:16
Lap 3	1.00	4:10	4:10	3	0:04	3	0:04	5.00	18:53	3:46	3	0:20	3	0:20
Lap 4	1.00	4:42	4:42	4	0:03	4	0:03	6.00	23:35	3:55	3	0:23	3	0:23
Last lap Hermann	2.60	11:43	4:30	3	0:14	3	0:14	8.60	35:18	4:06	3	0:37	3	0:37
vor der Schiene	2.63	13:46	5:14	2	0:04	2	0:04	11.23	49:04	4:22	2	0:05	2	0:05
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:08	4:44	1	-	1	-	11.70	51:11	4:22	1	-	2	51:11