



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Wilke, Herbert

Club: LAG Wesertal

Number: 245

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:05:43

Speed: 10.04 km/h

Running performance: 5:37 min/km

Rank in course/Total: 104 (of 346)

Rank in course/Men: 96 (of 239)

Best time in course: 51:11

Rank in category: 2(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:39	4:13	1	-	96	2:13	3.00	12:39	4:13	1	-	96	2:13
Lap 2	1.00	5:07	5:06	2	0:02	101	1:06	4.00	17:46	4:26	1	-	99	3:19
Lap 3	1.00	5:20	5:19	3	0:02	104	1:14	5.00	23:06	4:37	1	-	100	4:33
Lap 4	1.00	6:01	6:00	3	0:12	94	1:22	6.00	29:07	4:51	1	-	95	5:55
Last lap Hermann	2.60	14:59	5:45	4	0:20	97	3:30	8.60	44:06	5:07	2	0:18	95	9:25
vor der Schiene	2.63	18:46	7:08	4	0:46	98	5:04	11.23	1:02:52	5:35	2	1:04	96	13:53
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:51	6:19	4	0:02	105	0:43	11.70	1:05:43	5:37	2	1:06	97	1:05:43