



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Thorhauer, Bernd

Club: GutsMuths-Rennsteiglaufverein
Number: 226

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:05:48

Speed: 10.03 km/h

Running performance: 5:37 min/km

Rank in course/Total: 105 (of 346)

Rank in course/Men: 97 (of 239)

Best time in course: 51:11

Rank in category: 3(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	13:14	4:24	3	0:35	117	2:48	3.00	13:14	4:24	3	0:35	117	2:48
Lap 2	1.00	5:15	5:15	4	0:10	119	1:14	4.00	18:29	4:37	4	0:43	117	4:02
Lap 3	1.00	5:19	5:18	2	0:01	100	1:13	5.00	23:48	4:45	3	0:42	113	5:15
Lap 4	1.00	5:49	5:48	1	-	70	1:10	6.00	29:37	4:56	3	0:30	111	6:25
Last lap Hermann	2.60	14:56	5:44	3	0:17	94	3:27	8.60	44:33	5:10	3	0:45	104	9:52
vor der Schiene	2.63	18:25	7:00	3	0:25	90	4:43	11.23	1:02:58	5:36	3	1:10	97	13:59
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:50	6:17	3	0:01	99	0:42	11.70	1:05:48	5:37	3	1:11	98	1:05:48