



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Wandukwa, Karl

Club: SSC Hanau-Rodenbach

Number: 335

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 1:06:13

Speed: 9.97 km/h

Running performance: 5:40 min/km

Rank in course/Total: 110 (of 346)

Rank in course/Men: 102 (of 239)

Best time in course: 51:11

Rank in category: 18(of 26)

Best time in the category: 54:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:11	4:03	12	1:10	66	1:45	3.00	12:11	4:03	12	1:10	66	1:45
Lap 2	1.00	4:55	4:55	14	0:34	71	0:54	4.00	17:06	4:16	12	1:39	70	2:39
Lap 3	1.00	4:53	4:53	10	0:25	48	0:47	5.00	21:59	4:23	12	2:03	68	3:26
Lap 4	1.00	6:03	6:02	19	1:05	98	1:24	6.00	28:02	4:40	13	2:57	69	4:50
Last lap Hermann	2.60	15:51	6:05	19	3:22	126	4:22	8.60	43:53	5:06	18	6:19	93	9:12
vor der Schiene	2.63	19:22	7:21	16	5:03	116	5:40	11.23	1:03:15	5:37	18	11:22	100	14:16
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:58	6:35	21	0:45	123	0:50	11.70	1:06:13	5:39	18	11:56	103	1:06:13