



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Stecker, Harald

Club: LG Allgäu

Number: 370

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:06:30

Speed: 9.92 km/h

Running performance: 5:41 min/km

Rank in course/Total: 113 (of 346)

Rank in course/Men: 105 (of 239)

Best time in course: 51:11

Rank in category: 9(of 30)

Best time in the category: 1:00:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:34	4:11	6	0:39	93	2:08	3.00	12:34	4:11	6	0:39	93	2:08
Lap 2	1.00	5:09	5:09	9	0:21	109	1:08	4.00	17:43	4:25	7	1:00	98	3:16
Lap 3	1.00	5:20	5:19	8	0:23	104	1:14	5.00	23:03	4:36	7	1:20	97	4:30
Lap 4	1.00	6:13	6:13	10	0:35	114	1:34	6.00	29:16	4:52	8	1:55	102	6:04
Last lap Hermann	2.60	15:17	5:52	11	1:30	110	3:48	8.60	44:33	5:10	8	3:15	104	9:52
vor der Schiene	2.63	19:08	7:16	10	2:41	109	5:26	11.23	1:03:41	5:40	9	5:52	104	14:42
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:49	6:15	8	0:18	92	0:41	11.70	1:06:30	5:41	10	1:06:30	106	1:06:30