



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Schläger, Marcel

Club: TSV Lelm

Number: 364

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:07:55

Speed: 9.72 km/h

Running performance: 5:48 min/km

Rank in course/Total: 123 (of 346)

Rank in course/Men: 114 (of 239)

Best time in course: 51:11

Rank in category: 16(of 24)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|------------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.00 | 12:24 | 4:08 | 12 | 1:19 | 81 | 1:58 | 3.00 | 12:24 | 4:08 | 12 | 1:19 | 81 | 1:58 |
| Lap 2 | 1.00 | 5:12 | 5:12 | 16 | 0:49 | 116 | 1:11 | 4.00 | 17:36 | 4:24 | 12 | 2:08 | 89 | 3:09 |
| Lap 3 | 1.00 | 5:21 | 5:20 | 14 | 0:50 | 107 | 1:15 | 5.00 | 22:57 | 4:35 | 12 | 2:55 | 92 | 4:24 |
| Lap 4 | 1.00 | 6:20 | 6:19 | 16 | 1:12 | 122 | 1:41 | 6.00 | 29:17 | 4:52 | 14 | 4:04 | 103 | 6:05 |
| Last lap Hermann | 2.60 | 15:37 | 6:00 | 16 | 2:59 | 117 | 4:08 | 8.60 | 44:54 | 5:13 | 15 | 7:03 | 113 | 10:13 |
| vor der Schiene | 2.63 | 19:56 | 7:34 | 18 | 4:34 | 126 | 6:14 | 11.23 | 1:04:50 | 5:46 | 15 | 11:37 | 113 | 15:51 |
| nach der Schiene | 0.02 | fehlt! | - | - | - | - | - | 11.25 | - | - | - | - | - | - |
| Brocken | 0.45 | 3:05 | 6:51 | 19 | 0:44 | 137 | 0:57 | 11.70 | 1:07:55 | 5:48 | 16 | 12:15 | 115 | 1:07:55 |