



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Schläger, Marcel

Club: TSV Lelm

Number: 364

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:07:55

Speed: 9.72 km/h

Running performance: 5:48 min/km

Rank in course/Total: 123 (of 346)

Rank in course/Men: 114 (of 239)

Best time in course: 51:11

Rank in category: 16(of 24)

Best time in the category: 55:40

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	12:24	4:08	12	1:19	81	1:58	3.00	12:24	4:08	12	1:19	81	1:58
Lap 2	1.00	5:12	5:12	16	0:49	116	1:11	4.00	17:36	4:24	12	2:08	89	3:09
Lap 3	1.00	5:21	5:20	14	0:50	107	1:15	5.00	22:57	4:35	12	2:55	92	4:24
Lap 4	1.00	6:20	6:19	16	1:12	122	1:41	6.00	29:17	4:52	14	4:04	103	6:05
Last lap Hermann	2.60	15:37	6:00	16	2:59	117	4:08	8.60	44:54	5:13	15	7:03	113	10:13
vor der Schiene	2.63	19:56	7:34	18	4:34	126	6:14	11.23	1:04:50	5:46	15	11:37	113	15:51
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:05	6:51	19	0:44	137	0:57	11.70	1:07:55	5:48	16	12:15	115	1:07:55