



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Buch, Thurid

Club: Alfterer Sportclub

Number: 31

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:08:58

Speed: 9.57 km/h

Running performance: 5:53 min/km

Rank in course/Total: 133 (of 346)

Rank in course/Women: 11 (of 107)

Best time in course: 58:28

Rank in category: 2(of 16)

Best time in the category: 1:08:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	13:35	4:31	2	0:12	14	1:16	3.00	13:35	4:31	2	0:12	14	1:16
Lap 2	1.00	5:25	5:25	2	0:10	13	0:37	4.00	19:00	4:45	2	0:22	13	1:53
Lap 3	1.00	5:41	5:41	2	0:10	14	0:52	5.00	24:41	4:56	2	0:32	14	2:45
Lap 4	1.00	6:32	6:31	2	0:15	20	1:08	6.00	31:13	5:12	2	0:47	14	3:51
Last lap Hermann	2.60	16:00	6:09	3	0:25	18	2:49	8.60	47:13	5:29	2	1:12	14	6:40
vor der Schiene	2.63	18:52	7:10	1	-	10	3:25	11.23	1:06:05	5:53	2	0:50	11	10:05
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:53	6:24	2	0:07	11	0:25	11.70	1:08:58	5:53	2	0:44	12	1:08:58