



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Handel, Karl-Heinz

Club: TV 1884 Bad Brückenau

Number: 86

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:09:53

Speed: 9.44 km/h

Running performance: 5:58 min/km

Rank in course/Total: 141 (of 346)

Rank in course/Men: 127 (of 239)

Best time in course: 51:11

Rank in category: 7(of 27)

Best time in the category: 1:03:14

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	13:11	4:23	5	0:42	114	2:45	3.00	13:11	4:23	5	0:42	114	2:45
Lap 2	1.00	5:14	5:14	5	0:15	117	1:13	4.00	18:25	4:36	5	0:57	113	3:58
Lap 3	1.00	5:31	5:30	6	0:26	123	1:25	5.00	23:56	4:47	6	1:23	118	5:23
Lap 4	1.00	6:17	6:16	5	0:31	118	1:38	6.00	30:13	5:02	5	1:54	119	7:01
Last lap Hermann	2.60	15:53	6:06	8	1:32	128	4:24	8.60	46:06	5:21	6	3:26	122	11:25
vor der Schiene	2.63	20:38	7:50	10	2:36	142	6:56	11.23	1:06:44	5:56	7	6:02	126	17:45
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:09	7:00	9	0:37	147	1:01	11.70	1:09:53	5:58	7	6:39	129	1:09:53