



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Kruhme, Nicole

Club: GutsMuths-Rennsteiglaufverein
Number: 130

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Frauen (20-34 Jahre)

Total time: 1:09:57

Speed: 9.44 km/h
Running performance: 5:59 min/km

Rank in course/Total: 142 (of 346)

Rank in course/Women: 15 (of 107)

Best time in course: 58:28

Rank in category: 8(of 18)

Best time in the category: 59:19

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	13:42	4:33	8	1:23	16	1:23	3.00	13:42	4:33	8	1:23	16	1:23
Lap 2	1.00	5:36	5:35	10	0:48	19	0:48	4.00	19:18	4:49	8	2:10	16	2:11
Lap 3	1.00	5:42	5:42	7	0:51	15	0:53	5.00	25:00	5:00	8	2:58	16	3:04
Lap 4	1.00	6:25	6:25	7	1:01	11	1:01	6.00	31:25	5:14	7	3:59	15	4:03
Last lap Hermann	2.60	15:45	6:03	7	2:30	12	2:34	8.60	47:10	5:29	7	6:29	13	6:37
vor der Schiene	2.63	19:42	7:29	8	3:40	16	4:15	11.23	1:06:52	5:57	8	10:09	15	10:52
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:05	6:51	10	0:29	25	0:37	11.70	1:09:57	5:58	9	1:09:57	16	1:09:57