



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Barborseck, Sandra

Club: TV 03 Breitenbach

Number: 269

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:10:02

Speed: 9.42 km/h

Running performance: 5:59 min/km

Rank in course/Total: 143 (of 346)

Rank in course/Women: 16 (of 107)

Best time in course: 58:28

Rank in category: 3(of 16)

Best time in the category: 1:08:14

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	13:48	4:36	3	0:25	18	1:29	3.00	13:48	4:36	3	0:25	18	1:29
Lap 2	1.00	5:40	5:40	3	0:25	23	0:52	4.00	19:28	4:51	3	0:50	19	2:21
Lap 3	1.00	5:45	5:45	3	0:14	18	0:56	5.00	25:13	5:02	3	1:04	18	3:17
Lap 4	1.00	6:34	6:33	3	0:17	21	1:10	6.00	31:47	5:17	3	1:21	18	4:25
Last lap Hermann	2.60	15:51	6:05	2	0:16	15	2:40	8.60	47:38	5:32	3	1:37	17	7:05
vor der Schiene	2.63	19:27	7:23	3	0:35	14	4:00	11.23	1:07:05	5:58	3	1:50	16	11:05
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:57	6:33	3	0:11	16	0:29	11.70	1:10:02	5:59	3	1:48	17	1:10:02