



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Unterberger, Birgit

Club: OSC Berlin

Number: 208

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:10:18

Speed: 9.39 km/h

Running performance: 6:01 min/km

Rank in course/Total: 147 (of 346)

Rank in course/Women: 17 (of 107)

Best time in course: 58:28

Rank in category: 3(of 11)

Best time in the category: 1:04:40

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	13:14	4:24	3	0:54	10	0:55	3.00	13:14	4:24	3	0:54	10	0:55
Lap 2	1.00	5:26	5:26	3	0:15	14	0:38	4.00	18:40	4:40	3	1:00	11	1:33
Lap 3	1.00	5:42	5:42	3	0:21	15	0:53	5.00	24:22	4:52	3	1:12	11	2:26
Lap 4	1.00	6:25	6:25	2	0:24	11	1:01	6.00	30:47	5:07	3	1:07	12	3:25
Last lap Hermann	2.60	16:19	6:16	3	1:31	20	3:08	8.60	47:06	5:28	3	2:21	12	6:33
vor der Schiene	2.63	20:15	7:41	3	3:00	21	4:48	11.23	1:07:21	5:59	3	5:21	17	11:21
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:57	6:33	2	0:17	16	0:29	11.70	1:10:18	6:00	3	5:38	18	1:10:18