



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Uhl, Adrian

Club: LG Brandenkopf

Number: 230

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Männer (20-34 Jahre)

Total time: 1:10:43

Speed: 9.33 km/h

Running performance: 6:02 min/km

Rank in course/Total: 150 (of 346)

Rank in course/Men: 133 (of 239)

Best time in course: 51:11

Rank in category: 40(of 44)

Best time in the category: 51:11

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Stage score		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.00	12:32	4:10	37	2:06	90	2:06	3.00	12:32	4:10	37	2:06	90	2:06
Lap 2	1.00	5:09	5:09	41	1:08	109	1:08	4.00	17:41	4:25	38	3:14	95	3:14
Lap 3	1.00	5:19	5:18	39	1:13	100	1:13	5.00	23:00	4:35	38	4:27	95	4:27
Lap 4	1.00	6:11	6:11	41	1:32	112	1:32	6.00	29:11	4:51	39	5:59	98	5:59
Last lap Hermann	2.60	16:23	6:18	43	4:54	146	4:54	8.60	45:34	5:17	42	10:53	118	10:53
vor der Schiene	2.63	21:57	8:20	41	8:15	167	8:15	11.23	1:07:31	6:00	40	18:32	132	18:32
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:12	7:06	41	1:04	150	1:04	11.70	1:10:43	6:02	41	19:32	135	1:10:43