



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Abele, Marius

Club: SSC Hanau-Rodenbach

Number: 259

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

männliche Jugend U20 (16-19 Jahre)

Total time: 55:25

Speed: 11.91 km/h

Running performance: 4:44 min/km

Rank in course/Total: 15 (of 346)

Rank in course/Men: 15 (of 239)

Best time in course: 51:11

Rank in category: 3(of 26)

Best time in the category: 54:17

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	11:19	3:46	2	0:18	22	0:53	3.00	11:19	3:46	2	0:18	22	0:53
Lap 2	1.00	4:24	4:24	2	0:03	15	0:23	4.00	15:43	3:55	3	0:16	22	1:16
Lap 3	1.00	4:31	4:30	3	0:03	14	0:25	5.00	20:14	4:02	3	0:18	20	1:41
Lap 4	1.00	5:06	5:05	2	0:08	11	0:27	6.00	25:20	4:13	3	0:15	18	2:08
Last lap Hermann	2.60	12:29	4:48	1	-	12	1:00	8.60	37:49	4:23	3	0:15	16	3:08
vor der Schiene	2.63	15:23	5:50	3	1:04	16	1:41	11.23	53:12	4:44	3	1:19	15	4:13
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:13	4:55	1	-	5	0:05	11.70	55:25	4:44	3	1:08	16	55:25