



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Schenker, Martin

Club: LAG Wesertal

Number: 196

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:12:53

Speed: 9.06 km/h

Running performance: 6:14 min/km

Rank in course/Total: 175 (of 346)

Rank in course/Men: 151 (of 239)

Best time in course: 51:11

Rank in category: 10(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.00	13:42	4:33	7	1:03	136	3:16	3.00	13:42	4:33	7	1:03	136	3:16
Lap 2	1.00	5:32	5:31	7	0:27	136	1:31	4.00	19:14	4:48	7	1:28	138	4:47
Lap 3	1.00	5:51	5:50	11	0:33	152	1:45	5.00	25:05	5:00	7	1:59	140	6:32
Lap 4	1.00	6:37	6:36	8	0:48	142	1:58	6.00	31:42	5:16	7	2:35	140	8:30
Last lap Hermann	2.60	16:22	6:17	8	1:43	145	4:53	8.60	48:04	5:35	8	4:16	144	13:23
vor der Schiene	2.63	21:30	8:10	11	3:30	160	7:48	11.23	1:09:34	6:11	9	7:46	149	20:35
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:19	7:22	13	0:30	170	1:11	11.70	1:12:53	6:13	10	8:16	153	1:12:53