



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Moritz, Ernst Günther

Club: Hannover Athletics

Number: 168

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:13:47

Speed: 8.95 km/h

Running performance: 6:19 min/km

Rank in course/Total: 182 (of 346)

Rank in course/Men: 156 (of 239)

Best time in course: 51:11

Rank in category: 11(of 18)

Best time in the category: 1:04:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.00	14:09	4:43	10	1:30	152	3:43	3.00	14:09	4:43	10	1:30	152	3:43	
Lap 2	1.00	5:35	5:34	11	0:30	148	1:34	4.00	19:44	4:56	10	1:58	153	5:17	
Lap 3	1.00	5:49	5:48	9	0:31	147	1:43	5.00	25:33	5:06	10	2:27	152	7:00	
Lap 4	1.00	6:44	6:44	9	0:55	148	2:05	6.00	32:17	5:22	9	3:10	152	9:05	
Last lap Hermann	2.60	17:06	6:34	11	2:27	162	5:37	8.60	49:23	5:44	10	5:35	154	14:42	
vor der Schiene	2.63	21:14	8:04	10	3:14	155	7:32	11.23	1:10:37	6:17	11	8:49	157	21:38	
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-	
Brocken	0.45	3:10	7:02	11	0:21	148	1:02	11.70	1:13:47	6:18	11	9:10	158	1:13:47	