



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Veith, Pamela

Club: TSV Kusterdingen

Number: 234

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:13:53

Speed: 8.93 km/h

Running performance: 6:19 min/km

Rank in course/Total: 184 (of 346)

Rank in course/Women: 28 (of 107)

Best time in course: 58:28

Rank in category: 4(of 16)

Best time in the category: 1:08:14

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	14:26	4:48	4	1:03	29	2:07	3.00	14:26	4:48	4	1:03	29	2:07
Lap 2	1.00	5:43	5:43	4	0:28	26	0:55	4.00	20:09	5:02	4	1:31	29	3:02
Lap 3	1.00	5:59	5:59	4	0:28	29	1:10	5.00	26:08	5:13	4	1:59	29	4:12
Lap 4	1.00	6:48	6:47	4	0:31	25	1:24	6.00	32:56	5:29	4	2:30	27	5:34
Last lap Hermann	2.60	16:36	6:23	4	1:01	28	3:25	8.60	49:32	5:45	4	3:31	26	8:59
vor der Schiene	2.63	21:14	8:04	5	2:22	31	5:47	11.23	1:10:46	6:18	4	5:31	27	14:46
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:07	6:55	5	0:21	28	0:39	11.70	1:13:53	6:18	4	5:39	29	1:13:53