



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Kuhardt, Lutz

Club: LT Unterkirnach

Number: 134

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:14:55

Speed: 8.81 km/h

Running performance: 6:24 min/km

Rank in course/Total: 188 (of 346)

Rank in course/Men: 158 (of 239)

Best time in course: 51:11

Rank in category: 13(of 27)

Best time in the category: 1:03:14

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.00	13:33	4:30	8	1:04	129	3:07	3.00	13:33	4:30	8	1:04	129	3:07	
Lap 2	1.00	5:33	5:32	9	0:34	138	1:32	4.00	19:06	4:46	8	1:38	131	4:39	
Lap 3	1.00	5:58	5:58	12	0:53	158	1:52	5.00	25:04	5:00	10	2:31	139	6:31	
Lap 4	1.00	7:05	7:04	13	1:19	169	2:26	6.00	32:09	5:21	10	3:50	148	8:57	
Last lap Hermann	2.60	17:07	6:34	13	2:46	163	5:38	8.60	49:16	5:43	12	6:36	153	14:35	
vor der Schiene	2.63	22:11	8:26	15	4:09	169	8:29	11.23	1:11:27	6:21	13	10:45	159	22:28	
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-	
Brocken	0.45	3:28	7:42	18	0:56	183	1:20	11.70	1:14:55	6:24	13	11:41	160	1:14:55	