



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilseburg / 01.09.2018

Detailed evaluation

Dörscher, Christine

Club: SG TSV Kronshagen/Kieler TB

Number: 45

Course: 11.70 km

Deutsche Berglaufmeisterschaft

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:14:45

Speed: 8.83 km/h

Running performance: 6:23 min/km

Rank in course/Total: 187 (of 346)

Rank in course/Women: 30 (of 107)

Best time in course: 58:28

Rank in category: 4(of 11)

Best time in the category: 1:04:40

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.00	15:13	5:04	4	2:53	43	2:54	3.00	15:13	5:04	4	2:53	43	2:54
Lap 2	1.00	6:10	6:10	4	0:59	46	1:22	4.00	21:23	5:20	4	3:43	44	4:16
Lap 3	1.00	6:10	6:10	4	0:49	36	1:21	5.00	27:33	5:30	4	4:23	43	5:37
Lap 4	1.00	7:07	7:06	4	1:06	38	1:43	6.00	34:40	5:46	4	5:00	42	7:18
Last lap Hermann	2.60	16:32	6:21	4	1:44	24	3:21	8.60	51:12	5:57	4	6:27	35	10:39
vor der Schiene	2.63	20:29	7:47	4	3:14	22	5:02	11.23	1:11:41	6:22	4	9:41	30	15:41
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	3:04	6:48	3	0:24	24	0:36	11.70	1:14:45	6:23	4	10:05	31	1:14:45