



DEUTSCHE BERGLAUFMEISTERSCHAFTEN

Ilsenburg / 01.09.2018

Detailed evaluation

Wehrmann, Heidi

Club: SG TSV Kronshagen/Kieler TB
Number: 242

Course: 11.70 km
Deutsche Berglaufmeisterschaft

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:15:14

Speed: 8.77 km/h
Running performance: 6:26 min/km

Rank in course/Total: 189 (of 346)

Rank in course/Women: 31 (of 107)

Best time in course: 58:28

Rank in category: 5(of 16)

Best time in the category: 1:08:14

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.00	16:06	5:22	9	2:43	58	3:47	3.00	16:06	5:22	9	2:43	58	3:47
Lap 2	1.00	5:55	5:55	6	0:40	37	1:07	4.00	22:01	5:30	8	3:23	50	4:54
Lap 3	1.00	6:04	6:03	5	0:33	32	1:15	5.00	28:05	5:36	8	3:56	47	6:09
Lap 4	1.00	6:50	6:49	5	0:33	26	1:26	6.00	34:55	5:49	7	4:29	45	7:33
Last lap Hermann	2.60	16:41	6:25	5	1:06	29	3:30	8.60	51:36	6:00	6	5:35	37	11:03
vor der Schiene	2.63	20:52	7:56	4	2:00	27	5:25	11.23	1:12:28	6:27	5	7:13	33	16:28
nach der Schiene	0.02	fehlt!	-	-	-	-	-	11.25	-	-	-	-	-	-
Brocken	0.45	2:46	6:08	1	-	9	0:18	11.70	1:15:14	6:25	5	7:00	32	1:15:14